

Lula Martín del Campo

Cascabel restaurant (Mexico City - Mexico)



“In life and in the kitchen, less is more”
Lula Martín del Campo

Interesting facts

Birthdate:

1969

Type of cuisine:

Mexican, Contemporary

Talents:

Brand ambassador, Show cooking,
Recipe developer, TV, Radio,
Company, Hotel & restaurant advisor

Awards:

- Television program: “Cocina de Mercado” (market cuisine)
- Radio program: “La hora nacional” (The national hour)
- 2011 The Best Woman Chef Cookbook in Mexico



“For Lula Martín del Campo the way to fabulous dishes is simple: buy local, respect the ingredients, mix with abandon and sprinkle with flowers”

Cyntia Barrera Diaz, Reuters News Agency

Lula Martín del Campo is owner of the Mexican restaurant Cascabel. Within its gastronomic proposal, Cascabel seeks to promote and exalt Mexican flavors and ingredients.

Lula has more than 25 years of professional career and was Chef of HSBC's executive dining hall. She has been invited to participate in congresses, festivals and events throughout Mexico and in several countries of the world. She's a tireless promoter of Mexico, its products, its flavors and its people.

She knows how to combine her passion for her country with contemporary gastronomy. She's always innovative and not afraid of new challenges.

“For me it is important to go back to the basics, to the simple, to our Mexican roots, since the gastronomy of a country defines it culturally and gives it identity in front of the world.”